

ATHLETE COMMITMENT CONTRACT

As an athlete representing Atlantic Volleyball Club, I,
_____ will try my best to:

(Players Name)

1. Always play in practices and games with good sportsmanship and respect for all players, coaches, parents, and referees. I fully understand that all tournament travel team players must obey the "Code of Ethics" on and off the field/court that all of the AVC players, parents and coaches commit to.
2. Listen to the coaches, who are trying to improve my skills.
3. Try my hardest in all practices and games. I'll have patience with myself, keep a sense of humor even when the going gets tough. I realize that any sport is still just a game that I should enjoy.
4. Attend all practices, games and tournaments as I can, as my team depends on me being there for them. I commit Scheduling vacations outside of the season is in the best interest of my team. Communication with my coach in regards to my absence beforehand is key. If a lengthy illness or injury of any kind becomes a factor, the Head Coach must be notified promptly.
5. Understand that the coaches are the ones who make the decisions in regards to line-ups, about who plays, and how much play time is given. Since this is a travel team, I also realize that all players won't play the same amount of time on the court.
6. Realize that this is a team game, and I will play and treat my teammates accordingly.

Player Signature

Date

As AVC parents, we fully understand and have discussed with our player the commitments described above. We also realize that we need to be positive and supportive of the team, coaches and all players and must behave accordingly at games and all functions where AVC is being represented.

Parent/Guardian Signature

Date